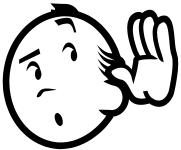


In my second year of service as the POST editor I have decided to expand my horizons by writing about the Traditions. This will be my first time studying and contemplating the principles that have kept A.A. together for so many years. With that being said, I am very open to suggestions, comments and concerns about my interpretation of the Traditions and hope you find them as appealing as I have.



A Small Part of a Great Whole

When we think only about ourselves it is very difficult to live in harmony with those around us. Similarly, when an group's principles are founded on conflicting self-ish motives, rather than the Traditions there is no way for unity to prevail. You may ask, "Why is unity so important anyway? We all have the right to our own opinions and thoughts."

That is the beauty of the first Tradition. It is a very humbling principle to be more concerned with the well-being of the entire group, than I am about my personal preferences. Unity is so important in Alcoholics Anonymous because, if we do not have a group to come to, the newcomer has no place to get sober. If the group did not meet once a month to discuss the business of the meeting place or have enough tolerance for the obnoxious drunk that came in the door and finally got sober, I may still be drunk.

My recovery depends on a safe and healthy group to come to and hear the message of alcoholics anonymous. A place where I can share freely my experience, to help someone else and not be judged by my perception. Sure, A.A. won't necessarily crumble just because I do not agree with the way a meeting is held. Nor will A.A. dissolve because we criticize other groups on a regular basis. But have we to ask ourselves, are we willing to settle for these low standards? Comfortable with slowly letting A.A. disintegrate through negativity. Or are we eager to bring a positive perspective to this program, constantly looking for ways to build it up? Yes, I am a small part of a great whole, a small part who is willing to do her share.

Tradition 1

*Our common welfare should come first;
personal recovery depends upon A.A. unity.*

The POST is published to improve communication between local A.A. groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Montgomery Area Intergroup Central Office or Alcoholics Anonymous.



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Donations for print subscriptions are encouraged. For email subscriptions contact postmailinglist@gmail.com

ANNOUNCEMENTS

Does your service group have an announcement? Get the word out by sending all announcements to thepostedor.al@gmail.com.



THE NEXT DISTRICT MEETING IS:

**JANUARY 7TH, 2011 9:00 AM
LEGACIES GROUP**

INTERGROUP

3rd Saturday 9:00 AM Jackson Hospital Cafeteria

CORRECTIONS

1st Saturday 10:30 AM Chisholm Group

ARCHIVES

3rd Saturday 10:00 AM Happy Hour

TREATMENT

1st Saturday 10:30 AM Hardee's on Ann St.

Alcoholics Anonymous World Service (A.A.W.S.)

The proposal to post the Daily Reflections on G.S.O.'s A.A. website has been approved.

The A.A. eReader is now available at no charge from the Apple App Store. Books can be purchased from the A.A.W.S. online store.

Happy Hour Meeting Schedule Changes

Sunday 6:00pm
Closed Beginner's Meeting



Wetumpka Meeting Schedule Changes

Tuesday meeting Cancelled

Tallasee's 28th Anniversary

Friday January 20th, 2012

5:00pm—Meet
6:00pm—Eat
7:00pm—Speaker



Prattville Downtown Group Quarterly Eating Meeting

Saturday, January 21st
4:30pm

Prattville Downtown Group Workshop

1st Monday of each month
Monday, February 6th

Sponsorship



Road Trips To Happy Destiny

Riverside Round up

January 12-15th
Riverside Resort, Laughlin Nevada

Sobriety Under the Sun

January 20-22, 2012
Puerto Vallarta, Mexico

Seniors in Sobriety

March 14-17, 2012
Yuma, Arizona



INTERGROUP/CENTRAL OFFICE HOURS
Mondays from 10am-2pm
Call before you come (334) 264-4122

Montgomery Area Intergroup Minutes – December 17, 2011

Meeting opened with Serenity Prayer.

Groups Represented: Triangle, Camellia City, Happy Hour, Clanton, Legacies, Prattville Downtown, Chapter 9 & Fellowship.

Groups Not Present: A Vision For You, Sole Purpose, Southside, Strange Camels, Fountain City, Chisholm, Millbrook Serenity, Autauga S.O.S., Selma, Selma Men's, Back To Basics, Union Springs, Free World, Wetumpka, 5th Tradition, Maplesville, Tallassee Ray of Hope, Empesar A Vivir, Tradition III, Slapout, Living Sober & 12 Steps.

Secretary's Report: The minutes of the November 19th meeting were accepted as written.

Treasurer's Report: The Treasurer's report for December was accepted as written.

P.O.S.T. Report: The editor of the P.O.S.T. welcomes any contributions (group announcements, articles, birthdays, etc.). These contributions for the P.O.S.T. should be sent in before the end of the month to the editor at theposteditor.al@gmail.com. You may request the P.O.S.T. via email at thepostmailinglist@gmail.com. You may also sign up to receive the P.O.S.T. by visiting the District 8 website at www.centralalaa.org & selecting the newsletter option on the web page. If you receive the P.O.S.T. and have a change of address please notify the Central office by phone or email at Montgomeryintergroup@yahoo.com. Also if you are receiving the P.O.S.T. though the mail & by email please notify the post editor or the Central Office as to which way that you would prefer to receive the newsletter.

Central Office: The Central Office has available a new Grapevine publication entitled "Step By Step". Price sheets for AAWS & Grapevine literature & medallions were passed out to all group representatives present. Discussed the email that was sent out by the GSO Central Office & Intergroup Liaison. The Intergroup Treasurer gave his report on a new computer for the Central Office. Also discussed the possibility of someone who is interested in starting a website for the Central Office. The office hours are 10 am to 2 pm on Mondays. It is still a good idea to call before you come by the office. You can view and print a current meeting schedule by visiting the District 8 website at www.centralalaa.org. The Central Office will be open immediately after the monthly Intergroup meeting if needed.

Unfinished Business: A motion was made, seconded & passed to purchase a new Dell computer for the Central Office at a cost of approximately \$1738.04.

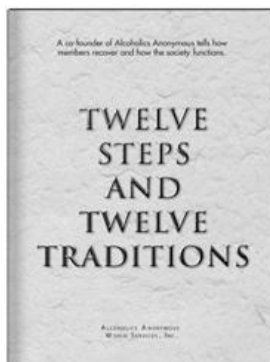
New Business: A motion was made, seconded & passed to send a representative to an IRS workshop on non-profit exempt organizations on January 24th, 2012 at a cost of \$45.00

Group Reports: The Chisholm Group will once again host the Alkathon beginning at midnight on December 31st until January 1st. The 68th Anniversary Of AA In Montgomery will be held on Saturday, March 3rd, 2012 at the Whitfield United Methodist Church in the Shepard Center. The planning committee will provide BBQ & buns. The committee requests that groups provide potato salad, baked beans, deserts, etc. A silent auction will also be held along with the 50/50 raffle.

Meeting was closed with the Lord's Prayer.

Next meeting to be held on Saturday, January 21st, 2012.


Signed: Keith H. /Secretary



STEP ONE

We admitted we were powerless over alcohol—that our lives had become unmanageable.

Why must every AA hit bottom first?



Let's Celebrate!

Carrying the Message

the 68th Anniversary of AA in Montgomery

Saturday, March 3, 2012

**Whitfield UMC / Sheppard Center
2673 Fisk Road, Montgomery, AL**

- | | |
|------|------------------------------|
| 2:00 | Fellowship / Sign-in |
| 3:00 | Shirley T. - Al Anon Speaker |
| 4:00 | Sobriety Countdown |
| 4:15 | History of AA in Montgomery |
| 4:30 | Bo T - AA Speaker |
| 5:30 | BBQ Dinner & Raffles |

District 8

Treasurer's Report

Nov-11

Last Month Bank Amount: \$2,325.82

Income

Fellowship Group of AA- Check 1062	\$10.00
Strange Camels Group of AA-Check 711	\$13.86
Mtgmy Intergroup Ctrl Office for Pratville Downtown Group of AA-Check 1601	\$10.00
Pratville Downtown Group of AA-Check 2099	\$10.00
Autauga SOS Group of AA-Check 2244192930	\$5.00
Legacies Group of AA-Check 5019	\$5.00
Legacies Group of AA-Check 5023	\$5.00
Total Income:	\$58.86

Expenses

<u>To:</u>	<u>For:</u>	
Check # 1452: Intergroup	<u>POST</u>	\$43.20
Check # 1455: Kent Watkins	<u>Web Hosting</u>	\$195.37
Check # 1453: Legacies	<u>Rent</u>	\$30.00
Check # 1454: Susan Harper	<u>Refreshments</u>	\$32.96
	Total Expenses:	\$301.53

Income Less Expenses: -\$242.67

Bank Total: \$2,083.15

Regional Forum Fund*

Beginning Balance	\$208.40
Monthly Transfer	\$20.84
Ending Balance	\$229.24

Prudent Reserve

Beginning Balance	\$700.00
Transfer	\$0.00
Ending Balance	\$700.00

Available Funds : \$1,153.91

*The Regional Forum Fund will be used to stipend the incoming DCM and ADCM to the Regional Forum, which occurs every two years



Happy Birthday



Forgot a birthday? No worries! Send your group's birthdays to: theposteditor.al@gmail.com for next month's issue by January 28th.

BIRTHDAYS

Nancy N.	Happy Hour	27 years
Ben H.	Happy Hour	38 years
Josh C.	Happy Hour	6 years
Tereasa D.	Happy Hour	1 year
Tatiana B.	Happy Hour	21 years
Allen B.	Happy Hour	1 year

Concept 12

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Do we hold regular group conscience meetings and encourage everyone to participate? And do we pass that conscience on to the district, area, or local intergroup meetings?



"Looks Can Be Deceiving"

From Rota, Spain:

Recently some men came to my house to do some heavy yard work, and in doing so, they pruned the bushes separating my neighbor's yard from mine. As they led me outside to show me their accomplishment, it took all my feeble acting ability to hid my shock and disappointment. On the eight bushes, I could not find more than three leaves. I like my neighbors, but I truly appreciated the privacy the bushes offered: and when the harsh Levante winds rushed in from the desert, their value as a windbreak would be greatly missed. To all appearance, the bushes were dead.

When the first new leaves began to appear, I was delighted, but there were still many dead branches and I knew I had to prune them. For several weeks, every glimpse of the bushes was a painful reminder of the job that had to be done: and the guilt over my procrastination grew.

Finally I found the time for the task, and I was thankful for the many excuses I'd invented for putting off the job. Many of the branches that had seemed lifeless a few weeks before had now started to bud. A few weeks ago, I couldn't have told death from life, or differentiated between the worthwhile and the unproductive.

Perhaps I won't be so anxious to solve all my problems today. Blindly rushing in to hack away at character defects will not speed recovery and may actually slow it down. My Higher Power knows the right time to reveal the life-producing parts of me, and if I have patience, I will know clearly what parts need to be cut away. Not long ago, my life looked like dead sticks. Now, in those branches that carry life, buds are starting to appear. I can rejoice in the new life and in the newfound wisdom to wait for it.

K.H., January 1991

*From "Thank You For Sharing"
©2003 The A.A. Grapevine*

AS **BOB** SEES IT... ..

"...have you ever been at the airport and watched the planes take off?...For a while you see the plane, and then you don't see it...That doesn't mean that it has disintegrated or disappeared. It has just found a new horizon. That's the way I feel about death. I will have found a new horizon."

*© 1980 Alcoholics Anonymous World Services:
"Dr. Bob and the Good Oldtimers"
Pg. 342*

Links to Sobriety



AA Websites and Local Service and Meeting Schedules:
www.aanatconperth2011.cjb.net
www.aaarea1.org

Special Events & Activities:
www.centralalaa.org
www.aa.org

